



2 – 12 Triple P Parenting Programme

Group Triple P is a 6-week programme for parents and carers of children aged between 2–12-years-old. The programme looks at strategies to help manage children's behaviour and prevent the kinds of problems that can make family life stressful.

Who is it for? Parents and carers of 2–12-year-olds who may have a few concerns about their child's behavior or who may simply want to learn about positive parenting and how it can be applied to their family.

Date: Monday 13th May – Monday 24th June (except 27th May)

Time: 18:00 – 20:00

Location: The Bridge Child & Family Centre, Le Geyt Road.

How can I take part? Please contact the Children and Families Hub team on 01534 519000, or email childrenandfamilieshub@gov.je.

The Children and Families Hub provides information, advice and support for children, young people and families.

To find out more, scan the QR code or visit www.gov.je and search for *Children and Families Hub*

